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Capriccioso:
The unpredictable

Mercados Poblanos. “Lo mero nuestro”.

A blast of color, shapes, aromas and flavors is what the traditional poblano popular markets have to offer. By exploring them the visitor would get closer to the rich Mexican culture. This kind of markets have been a part of the Mexican soul and heart forever and since then have been an encounter place full of unpredictable and beautiful surprises.

7:00-19:00 hrs. / Open year round.

Mercado 5 de Mayo

16 poniente entre 5 y 7 norte.

The visitor can't miss the roasted meat “barbecue style” and the “floor's cemitas”.

Mercado Carmen Serdán “La Acocota”

16 norte entre 4 y 6 oriente.

Here the visitor will enjoy seafood and a variety of poblano dishes.

Mercado Melchor Ocampo “El Carmen”

21 oriente entre 2 y 4 sur.

La Poblanita, a cemitas'shop has given to this market an extraordinary fame.

Mercado de Sabores Poblanos. Comida Típica

4 poniente entre 11 y 13 norte.

Monday to Sunday: 8:00-20:00 h.

If the visitor wants to enjoy the famous poblano gastronomy, cooked in a very traditional way, by hands that not only have done so for several decades, but also have delighted many people with traditional market dishes; the visit to this place is a “must”. At the market is possible to choose among several gastronomic options at a very low price, in a clean and comfortable venue. The options go from “cemitas”, which is a sandwich made with white bread filled with avocado, onions, jalapeño or chipotle pepper, a typical string white cheese and fried bread crumbed meat, (that may be pork or chicken), to typical poblano hot snacks or appetizers, and delicious sea food.

Traditional Bakeries

Mexico is worldwide known for its exceptional variety of sweet breads and Puebla is not an exception. The visitor will be delighted to discover the assortment of flavors, colors and shapes that downtown bakeries have to offer.

Panadería “La Flor de Puebla”

3 sur 104, Centro Histórico

Monday to Saturday 6:00-21:30 h. / Sunday: 7:30-21:30h.

Panadería “La Princesa”

3 sur 711 (esquina 9 poniente)

Monday to Saturday 6:00-21:30 hrs. / Sunday 7:30-21:30 Hrs

Calle de los dulces — Calle de Santa Clara

6 oriente entre calles 5 de mayo y 4 norte

Monday to Sunday 9:00- 20:00 hrs.

Along this street the visitor will find an endless line of shops offering the typical poblano sweets, cookies and candies, these recipes have passed from one generation to the next for over 100 years, and are still alive thanks to their wonderful flavor and old charm.

Mercado de artesanías “El Parián”

6 norte 205, Centro Histórico.

Monday to Sunday 10:00-20:00 hrs.

The best opportunity to take home a little bit of Puebla is this market with more than 200 years of history. The place is still alive and full of color stemming from the beautiful poblano handcrafting. Do not forget to visit the shop with little mud skulls which are quite unique in town.

Plazuela de Los Sapos

6 sur entre 5 y 7 oriente, Centro Histórico.

Saturday and Sunday 11:00 -17:00 hrs.

A street full of treasures, where every weekend the antique dealers get together to show collectors their unique merchandise or just to charm the public who walk by, one could find books, antique furniture, old toys and an endless assortment of objects, that may go from the common to the weirdest ones.

Café Milagros

3 oriente 603, Centro Histórico.

Monday to Friday 10:00 - 21:00 hrs. / Saturday and Sunday 11:00-21:00 hrs.

A coffee that tastes like Mexico, this place is decorated with all kinds of handcrafts that bring back the deepest of Mexican traditions to the present day. The visitor will find from paper skulls to a display cabinet dedicated to the Mexican wrestling sport. Also there is a wide coffee selection, going from normal to the most sophisticated kind.

Artesanías Cíhuatl, Colibrí y Tierra Madre

The poblano artisan's hands are known for their creativity, it makes the visit to these shops a "must". The diversity of the artworks and the remarkable quality are the characteristic trademarks that never disappoint the visitor.

Artesanías Cíhuatl

7 poniente 110 local 2b, Centro Histórico.

Wednesday to Monday 10:00-20:00 hrs.

Artesanías Colibrí

7 poniente 108 C, Centro Histórico.

Monday to Saturday 9:00-20:00 hrs.

Artesanías Tierra Madre

3 oriente 603 local 3, Centro Histórico.

Monday to Sunday 10:00-20:00 hrs.



Mercado Poblano
Photo by Fabián Valdivia Pérez